

Sample brochure-front and back of a tri-fold.

What is a Pediatric Pulmonologist?

A Pediatric Pulmonologist will diagnose, treat and manage children and young adults with breathing difficulties and lung diseases.

Common conditions:

Asthma, Allergies, Snoring/Sleep Apnea, Shortness of Breath, Cystic Fibrosis, Chronic Lung Disease in Premature Infants, and Chronic Ventilation.

What is a Pediatric Neurologist?

A Pediatric Neurologist will diagnose, treat and manage disorders of the nervous system in a child which includes the brain, spinal cord, muscles, and nerves.

Common condition

Seizures, Headaches, Concussions, Injury, Cerebral Palsy, Muscular Dystrophy, ADHD, Autism, Sleep Problems, Developmental Disorders, and Hydrocephalus.



Main Locations



Shavano Park, Pond Hill Road



Medical Center, Huebner Road

Satellite Locations



Westover Hills, Highway 151



NIX Alamo Heights, Broadway Street



New Braunfels, Common Street

We treat illness in adults and children while addressing its effects on function, day and night.



Pediatric Pulmonology
Pediatric Neurology
Adult/Pediatric Sleep
Medicine

Helping Children and Adults
Breathe and Sleep Better

Understanding Your Child's Brain



www.txmss.com
210-249-5020

Dr. Tarak Patel



Board Certification:

Pediatric Pulmonology,
Sleep Medicine, Pediatrics

Special Interests:

Asthma, Chronic Cough, Obstructive
Sleep Apnea, Chronic Lung Disease,
Infant Sleep Apnea

Locations:

San Antonio, New Braunfels

Dr. Kelly J Smith



Board Certification:

Pediatric Pulmonology, Sleep
Medicine, Pediatrics, Internal
Medicine

Special Interests:

Asthma, Chronic Cough, Sleep
Apnea, Narcolepsy & Daytime
Sleepiness, Bronchopulmonary
Dysplasia, Chronic Lung Diseases,
Vocal Cord Dysfunction,
Neuromuscular Disorders,
Technology-Dependent Children,
Cystic Fibrosis

Locations:

San Antonio, New Braunfels

Dr. John M Palmer



Board Certification:

Pediatric Pulmonary Medicine,
General Pediatrics

Special Interests:

Asthma, Sleep Disorders, Cystic
Fibrosis, Technology-Dependent
Children

Locations:

San Antonio, Westover Hills

Lesley Vernor



Board Certification:

Pediatric Nurse Practitioner, Clinical
Nurse Specialist, Certified Asthma
Educator

Special Interests:

Asthma, Pediatric Pulmonology
Urgent Needs, Sleep Disturbances,
NICU Graduates, Childhood Nutrition,
Weight Management

Locations:

Shavano Park

Dr. Avie Grunspan



Board Certification:

Internal Medicine, Sleep Medicine

Special Interests:

Sleep Apnea, Narcolepsy, Insomnia,
Excessive Sleepiness, Restless Legs

Locations:

Shavano Park, Nix Alamo Heights,
Medical Center

Dr. Carter Richards



Board Eligible:

Pediatric Neurology

Special Interests:

Seizures, Headaches

Locations:

Medical Center

What is a Sleep Specialist?

A sleep specialist is a physician with expertise in the management of disorders of sleep and wakefulness.

Common conditions:

Sleep Apnea, Insomnia, Fatigue,
Excessive Sleepiness, and Sleep
Related Movement Disorders

What is a Pediatric Sleep Specialist?

A Pediatric Sleep Specialist has advanced training in disorders of sleep and wakefulness in children through adolescence.

Common conditions:

Sleep Apnea, Narcolepsy, Bed
Wetting, ADHD, Poor School
Performance, Headache, Down
Syndrome, Epilepsy, and Spina Bifida

